

WEEKLY NEWS...

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We Love You The Way You Are...



Everyone knows that one of the most common problems in America

is people suffering from being over-weight and you can't neglect the fact that the basic image in America is as follows "being pretty and skinny". Exclusively women and young teenage girls are trying to fit this image. However what many people don't notice the dangers and obstacles that may happen by trying to fit into the "American image".

A new global study revealed that 30 percent of women are overweight, while 27 percent of women are obese, and that half of these people may be suffering from disorders that are caused by trying to loose weight

mostly involving teenagers. For example there is Anorexia an eating disorder where people starve themselves in order to try to get into the body they want. Another type of disorder is Bulimia, a psychological eating disorder these methods of weight control include vomiting, fasting, enemas, excessive use of laxatives and diuretics, or compulsive exercising.

This keeps on going and going adding on to the long list. Young girls that are affected by these problems need to know that its okay to be a little overweight your still young getting ready to evolve into a women and you still have a long life to live and to plan ahead.

Its not okay to starve yourself, you can't always have everything you want especially the hot dreamy body you or

everyone wants you to have. However its okay to have some meat and still be sexy, in the end you're the only one judging and hating yourself and the people that love you and care for you are with you because of who you are, not who you trying to be. Never forget who you are and remember to always "Just Be Yourself."

BY: STEPHANY V.



Companies That May Not Survive 2009

There are fifteen companies that may not survive 2009 recession according to recent pools, here is a look at five of them. These companies are trying very hard but they still might go under!

I know for a fact that Circuit City is going out of business because almost every store sell the same products as them. For example Wal-Mart sells a variety of department products such as electronics, food, apparel and other things; Circuit City only sells electronics.

Rite-Aid is one of the companies that may not survive 2009's recession. Their one year stock-price de-

cline: 92%. This drugstore chain tried to boost its performance by acquiring competitors Brooks and Eckerd in 2007.

Claire's may be another store going down. Their retail outlook for 2009 offers no relief, suggesting Claire's could follow Linens 'n Things - another Apollo purchase - and declare Chapter 11, possibly closing of all of its 3,000-plus stores.

Chrysler Company is quickly burning through \$4 billion in government bailout money, and with car sales down 40 percent from recent peaks, Chrysler may be the weakling that can't

cut it in tough times.

Six Flags theme-park operator has been losing money for several years, and selling off properties to try to pay down debt and get back into the market.

Moody's expects cash flow to be negative in 2009, and if consumers aren't spending during the peak summer season, that could stop the company's ability to pay debts coming due later this year and in 2010.

BY: LA'SAHE H.



MOVING ON....

Valentine's Day: The time for love, candy and flowers, but Recently, **Yahoo** surveyed users of their Personals page, and found that Valentine's Day is part of "National Break-up Season" -- a time when "people tend to put up with current relationships in order to have a partner for holiday gatherings." says this Yahoo columnist. They are twice as likely to be thinking of breaking up, and once that last chocolate-covered strawberry is gone, so is their sweetheart. A scientific approach to this question is that couples are especially likely to break up during Valentine's season. However, the people in relationships that were not so great were especially likely to break up. Also the people in the best relationships did not feel any better about their partners during Valentine's season.

Here is a few tips for the singles out there:

1. Don't just sit at home and mope. Keep your spirits high by getting together with other single friends. Have dinner, watch empowering movies and talk trash about love.
2. If you have no single friends, take the day for yourself. Do something fun: Take yourself shopping, take a walk someplace, go to the movies or the skating rink. No errands today!
3. Avoid romantic songs and certain places. The scene will just remind you of your loneliness. Listen to club music, fast pace music.
4. For a little end-of-the-day affection, , kiss your pets, if you have any." Or kiss yourself.

BY: KORA W.



Yankees season preview...

The New York Yankees are expecting a lot from this team especially this season! Just like every other season they expect to win a championship with the additions of pitcher C.C Sabathia, A.J Burnett, and first basemen Mark Teixeira. The Yankees come off their 1st season of not making the playoffs after 12 years. Despite the distraction of Alex Rodriguez after admitting to taken steroids and the media asking only about that the Yankee players feel they can get past it.



The Tampa Bay Rays won the American League East which was the biggest surprise last year. The usual teams of the Yankees and the Red Sox's were the only considerate contenders. Now the Yankees have to not only overcome the "always tough" Red Sox's but now the Tampa Bay Rays also. Manager Joe Girardi is now entering his second season as the

Yankees Manager and may be in more pressure to succeed. Now with the A-Rod situation he has to find a way to overcome that obstacle. The New York Yankees are expected to win a championship year if not it's a failure. Looks like another interesting year for the Yankees.

BY: GUSTAVO S.

Teenage Terrorist...

The bullet infested 15-year old lay on the ground before the soldiers. How could this kid still be alive? The Special Forces Unit (SFU) had fired several rounds of bullets into Khadr after he threw a grenade that fatally wounded the Unit's medic, Sgt. 1st Class Christopher Speer. Speer, who had two children, would die ten days later.

Khadr, whose parents previously lived with Osama Bin Laden, was given medical attention and flown to Bagram Air Base in Afghanistan for questioning. He was eventually sent to Guantanamo Bay. He was charged with war crimes includ-

ing murder, spying, conspiracy, and providing support to terrorism. His trial was set for last January but due to President Obama's ruling to close all secret detention centers, his case is now in limbo. However, due to a citizenship clause, he may be set free.

Khadr's Canadian citizenship, he may allow him to be released in Canada as a free man. Many people are contesting this. Retired Special Forces Sgt. Layne Morris begs these questions of the American people

"Do you have a short attention span? Would you have a short memory if you knew the background of these people?"

At 15-years old, Khadr's actions are the result of a twisted upbringing. After more than seven years in an uncivilized military prison, my only hope is that the justice system uses discretion in rendering this verdict.

BY: MICHAEL R.

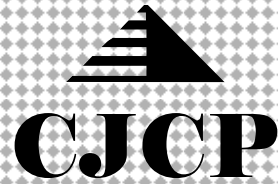
Omar Khadr begged them to do it.

"Kill me," he said. "Please kill me."

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FOR FURTHER INFORMATION OR NEWSPAPER QUESTIONS
SEE MRS. GANNON IN M.I.T

PARTY!

PARTY!

WHEN: FRIDAY, FEBRUARY 20

TIME: 6:30-9:30PM

WHERE: CAFETERIA

COST: \$5.00

****REMEMBER YOU NEED A PARENT TO GET IN :)**

